



Republic of the Philippines
QUEZON CITY COUNCIL
Quezon City
23rd City Council

PR23CC-655

53rd Regular Session

RESOLUTION NO. SP- **10568**, S-2026

A RESOLUTION ENCOURAGING BARANGAYS IN QUEZON CITY TO CONDUCT REGULAR COMMUNITY-BASED NUTRITION EDUCATION PROGRAM FOR PARENTS AND CAREGIVERS TO PROMOTE PROPER CHILD FEEDING PRACTICES AND PREVENT MALNUTRITION

Introduced by Councilors JOSE MARIA "Mari" M. RODRIGUEZ, JHON ANGELLI "Sami" C. NERI, DON S. DE LEON, ERWIN REY "Cocoy" A. MEDINA, TANY JOE "TJ" L. CALALAY and DOROTHY A. DELARMENTE, M.D.

Co-Introduced by Councilors Bernard R. Herrera, Joseph P. Juico, Charm Ferrer, CPA, MPA, JD, Nicole "Nikki" V. Crisologo, Mikey F. Belmonte, Atty. Voltaire Godofredo "Bong" Liban III, Aly Medalla, Ranulfo "Tatay Rannie" Z. Ludovica, Atty. Christoffer Allan "Tope" Liquigan, Albert Alvin "Chuckie" L. Antonio III, Wencerom Benedict C. Lagumbay, Luigi D. Pumaren, Edgar "Egay" G. Yap, Nanette Castelo Daza, Imee Rillo, Atty. Jesus Miguel Suntay, Raquel S. Malañgen, Joseph Joe Visaya, Alfred Vargas, MPA, Karl Edgar Castelo, Shaira "Shay" L. Liban, Ram V. Medalla, Maria Eleanor "Doc Ellie" R. Juan, O.D., Emmanuel Banjo A. Pilar, Kristine Alexia Matias, RN, Victor "Vic" D. Bernardo, and Vito Sotto Generoso

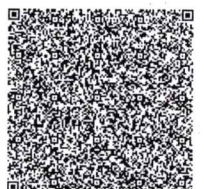
WHEREAS, proper nutrition during the early years of a child's life is critical to healthy growth, cognitive development, and long-term well-being;

WHEREAS, many cases of childhood malnutrition can be prevented through increased awareness and education among parents and caregivers regarding proper feeding practices, balanced diets, and appropriate nutrition for infants and young children;

WHEREAS, the Quezon City Nutrition Action Plan highlights the importance of strengthening community-level nutrition education to improve child nutrition outcomes;

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WHEREAS, barangays, health centers, barangay nutrition scholars, and community organizations play a vital role in delivering nutrition education directly to families within their communities;

WHEREAS, strengthening nutrition education for parents and caregivers can help prevent malnutrition, stunting, wasting, and childhood obesity among children.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to encourage, as it does hereby encourage, barangays in Quezon City to conduct regular community-based nutrition education program for parents and caregivers to promote proper child feeding practices and prevent malnutrition.

RESOLVED FURTHER, that the Quezon City Government, through the Quezon City Health Department, the Social Services Development Department, and the Quezon City Nutrition Committee, is encouraged to provide technical guidance, educational materials, and support programs to strengthen community-based nutrition education initiatives.

RESOLVED FURTHERMORE, that barangays are encouraged to organize regular nutrition education sessions for parents and caregivers in coordination with barangay health workers, barangay nutrition scholars, and local health centers.

RESOLVED FURTHERMORE, that the Sangguniang Kabataan (SK) councils are encouraged to assist in community information campaigns and volunteer activities that promote awareness of proper nutrition and healthy lifestyles.

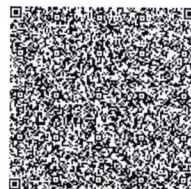
RESOLVED FURTHERMORE, that community organizations and non-government organizations may partner with barangays in conducting seminars, workshops, and outreach programs related to nutrition education.

RESOLVED FURTHERMORE, that the private sector may support nutrition education initiatives through corporate social responsibility programs, partnerships, and sponsorship of community-based nutrition activities.

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RESOLVED FINALLY, that copies of this Resolution be furnished to the Quezon City Health Department, the Social Services Development Department, the Quezon City Nutrition Committee, and all barangays in Quezon City for their information and appropriate action.

ADOPTED: July 9, 2026.

CERTIFICATION

This is to certify that this Resolution was ADOPTED by the City Council on Second Reading on July 9, 2026 and was CONFIRMED on July 20, 2026.


GIAN G. SOTTO
City Vice Mayor
Presiding Officer

ATTESTED:


ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(Secretary to the Sanggunian)